



 CMF **Prayer  
Diary**

DECEMBER 2020  
- MARCH 2021



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*CMF Prayer Diary* is available to all members on request, as part of the benefits of membership. To receive the prayer diary regularly, email [prayer@cmf.org.uk](mailto:prayer@cmf.org.uk) with the word 'subscribe' in the subject line, and with your membership details (name, membership number and preferred postal address).

### Contributions

The editor welcomes prayer items from members that relate to issues, local CMF groups or workplaces. Content should be anonymised if it deals with specific places, people or groups of people, unless full permission has been given to disclose details.

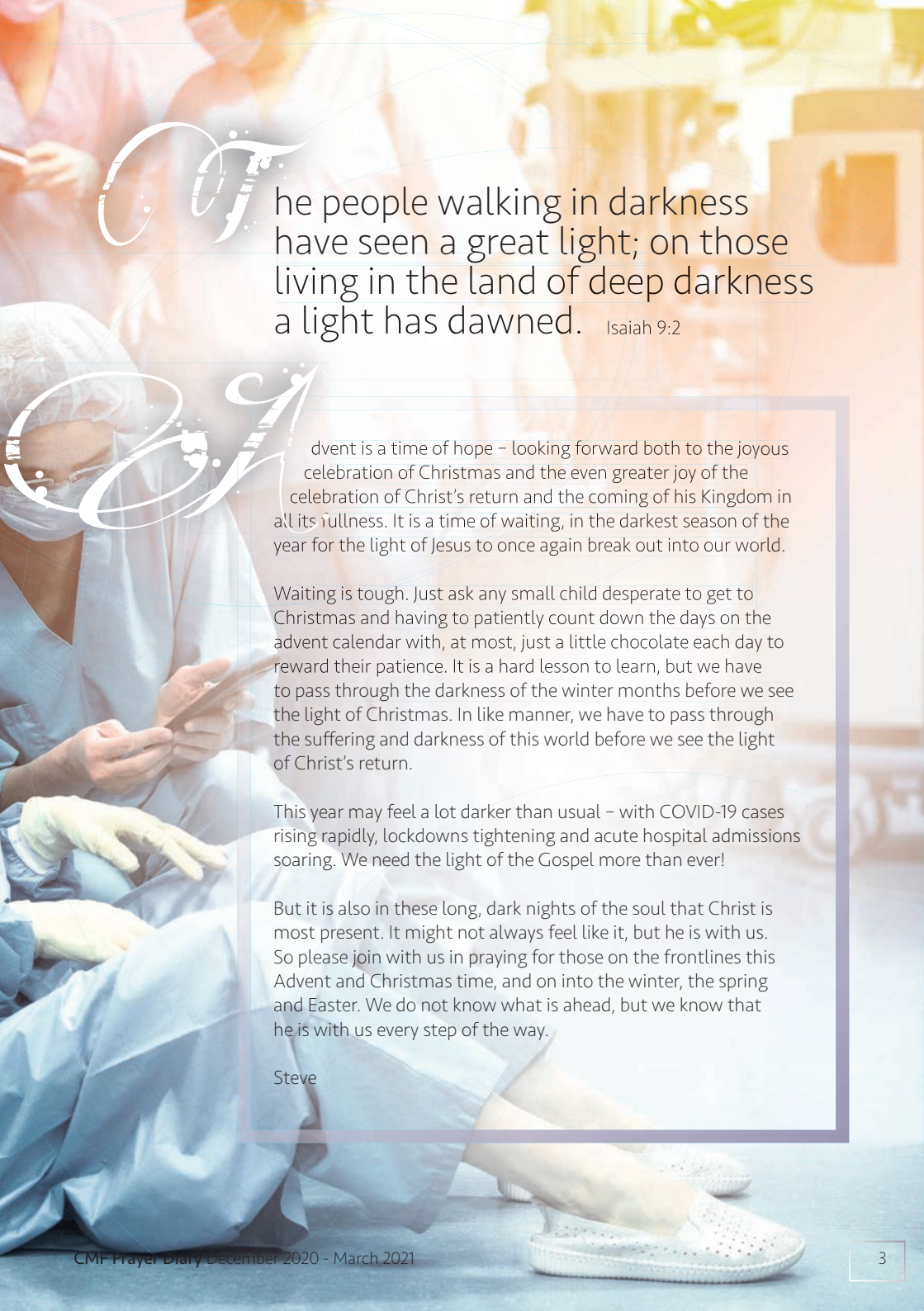
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**T**he people walking in darkness  
have seen a great light; on those  
living in the land of deep darkness  
a light has dawned. Isaiah 9:2

**A**dvent is a time of hope – looking forward both to the joyous celebration of Christmas and the even greater joy of the celebration of Christ’s return and the coming of his Kingdom in all its fullness. It is a time of waiting, in the darkest season of the year for the light of Jesus to once again break out into our world.

Waiting is tough. Just ask any small child desperate to get to Christmas and having to patiently count down the days on the advent calendar with, at most, just a little chocolate each day to reward their patience. It is a hard lesson to learn, but we have to pass through the darkness of the winter months before we see the light of Christmas. In like manner, we have to pass through the suffering and darkness of this world before we see the light of Christ’s return.

This year may feel a lot darker than usual – with COVID-19 cases rising rapidly, lockdowns tightening and acute hospital admissions soaring. We need the light of the Gospel more than ever!

But it is also in these long, dark nights of the soul that Christ is most present. It might not always feel like it, but he is with us. So please join with us in praying for those on the frontlines this Advent and Christmas time, and on into the winter, the spring and Easter. We do not know what is ahead, but we know that he is with us every step of the way.

Steve



6-12 DECEMBER

## CMF OPERATIONS TEAM

**MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK**

Edinburgh

### SUNDAY 6 DECEMBER

Thank God for Gwen, our membership and office manager and for her dedication to the work of CMF and her positive contributions to the work of the Operations department. Please pray that God will strengthen and keep her as she engages and supports our members and for her work with our database.

### MONDAY 7 DECEMBER

Pray that God will give Steve, our IT manager, the knowledge, wisdom and patience for all of the IT work that needs undertaking, especially with regard to the work involved in the Server Room.

### TUESDAY 8 DECEMBER

Thank God for our two meeting rooms at Johnson House, which are available for internal and external users. Please pray for wisdom in using the rooms safely during this pandemic season, and to widen the reach of the advertising of the facilities so the rooms can be fully used again in the near future. Pray for Dianne as she prepares the rooms and welcomes people as part of the team.

**REGION OF THE  
MONTH (December)**

Midlands

### WEDNESDAY 9 DECEMBER

We remember in prayer our Operation Director Olu Lampejo and praise God for her leadership, resilience, thoughtfulness and compassion. Ask God to give her patience as she gets to grips with all of the administrative matters surrounding CMF, including the day to day needs of the staff, the matters surrounding the building, legal and policy decisions and clear guidance as to the way forward in all she has to do.

### THURSDAY 10 DECEMBER

Thank God for Eleanor, our accountant, and her commitment to CMF over the years. Pray for her as she faces the challenge of working part in and part out of the office; that she would be able to issue monthly accounts in a timely fashion and that God would keep her safe as she cycles in during the winter months.

### FRIDAY 11 DECEMBER

We ask for special prayers for Anita, John and Rupert, the volunteers who regularly work with the Operations Department. Pray that the team will be salt and light in our interactions with one another.

### SATURDAY 12 DECEMBER

Pray for the Operations Department's preparations for 2021. Pray for the finances to enable the much-needed work around our IT infrastructure, database upgrade and building maintenance.



DECEMBER 13-19

## DOCTORS' TEAM

### MEDICAL / NURSING / MIDWIFERY SCHOOL OF THE WEEK

Essex

#### WEDNESDAY 16 DECEMBER

Christian doctors regularly face complex ethical dilemmas and the pressure to compromise is considerable. Pray that they may be given wisdom and courage to remain true to God's word; that their approach will be gracious and loving and bold. Particularly pray for junior doctors experiencing this kind of pressure for the first time.

#### SUNDAY 13 DECEMBER

CMF's Doctors' Ministries supports Christians in healthcare in several ways, including national and specialist conferences, training materials, and pastoral care. Pray that God will bless the team as they work together to produce resources. May this work be a real encouragement to Christian doctors across the British Isles.

#### THURSDAY 17 DECEMBER

Pray for junior doctors facing disruption to training and career plans. Pray that the Junior Doctors Committee would have wisdom and creativity to know how to encourage them. Pray for strength and energy for juniors as they work long shifts and experience new pressures as work patterns adapt to the impact of COVID and that Christian juniors have opportunities be a witness for Jesus in the workplace.

#### MONDAY 14 DECEMBER

Pray for the Doctors' team as they seek to develop resources to support female clinicians in their walk with Christ. Pray too for career grade men who are under-represented in CMF membership. Pray that the Doctors' team would have the insight and wisdom to know how to encourage and support Christian men in the workplace to grow and witness for Jesus.

#### FRIDAY 18 DECEMBER

Pray for the launch of a new Mentoring Scheme in 2021; that through CMF's pastoral care and mentoring services, people will be enabled to grow in Christ. Pray particularly for the development of online materials and resources to strengthen and encourage clinicians.

#### TUESDAY 15 DECEMBER

Pray for Christian doctors' witness in the workplace; that they will be gracious, loving, blameless and protected. Pray for those who are trying to set up Christian networks in their organisations; that these efforts are fruitful in encouraging other believers in the workplace to be a positive witness for Jesus.

#### SATURDAY 19 DECEMBER

Pray about the impact of the COVID epidemic on the work of doctors. Many are dealing with anxiety about how to deliver care to patients safely. Pray for peace of heart, grace and wisdom. May they be able to demonstrate the love of Christ.

REGION OF THE  
MONTH (December)  
Midlands



20-26 DECEMBER

# VOLUNTEERS

MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK

Exeter

## SUNDAY 20 DECEMBER

The Deep:ER Fellowship programme has twelve participants this year, working on several projects across CMF. Please pray for Daniel, Joe, Naa, Imani, Diana, Alex, Odunayo, Panashe, Enpei, Farai, Soorin and Omolayo that they would grow in Godliness and wisdom this year.

## MONDAY 21 DECEMBER

We thank God for David Smithard who is working as Editor of Triple Helix alongside Steve Fouch. Please pray for David as he helps shape the content and direction of our leading publication; may the content be relevant, challenging, timely and prophetic.

## TUESDAY 22 DECEMBER

Rachel Denno is a Mental Health nurse and CMF Associate Staffworker. Please pray that Rachel's work in helping graduating nurses and midwives transition to work and ongoing engagement with CMF would be fruitful.

REGION OF THE  
MONTH (December)  
Midlands

## WEDNESDAY 23 DECEMBER

Our CMF Tracks are led by volunteers. Please pray for the Lord to sustain these leaders as they contribute to the Global (Daniel Porter, Liz Galpin and Georgie Otley), Health & Justice (Rachael Pickering, Alex Bunn), Evangelism and Apologetics (Richard Scott) and Speakers Tracks (Robin Taylor, David Galloway, John Wyatt).

## THURSDAY 24 DECEMBER

Panashe and Imani are student Deep:ER Fellows working with the student department. Please pray for creativity and vision as they seek to engage students on social media this year.

## FRIDAY 25 DECEMBER

Praise God for his indescribable gift to us this day! Pray for healthcare staff who are working today for particular opportunities to share the hope they have in Christ both to patients and staff.

## SATURDAY 26 DECEMBER

Please pray for Deep:ER Fellow and F3 doctor Daniel. Daniel has completed the Global Track in the past and is working with the Global Department looking at guidelines for Global Health Development. Pray this work would be of great value to Christian healthcare workers.



27 DECEMBER – 2 JANUARY

# CHURCH ENGAGEMENT

MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK

Gallway

## SUNDAY 27 DECEMBER

Pray for busy church leaders who deal with difficult pastoral issues around end of life care, infertility, abortion, sexuality and marriage. May they find resources and support to give wise counsel that is both biblical and compassionate.

## MONDAY 28 DECEMBER

Pray that CMF would increasingly be seen as a source of wise support for the difficult pastoral issues that church leaders face. Pray that our quarterly Churches E-News would reach more church leaders. Might you suggest it to your own church leader?

## TUESDAY 29 DECEMBER

Pray that CMF would be able to establish good relationships with a wide range of church leaders, especially those of ethnic minority churches, and of those networks who tend to shy away from parachurch involvement. Thank the Lord for initiatives such as healthcare Sunday in October, that helps to engage churches in prayer for healthcare workers.

REGION OF THE  
MONTH (December)  
Midlands

## WEDNESDAY 30 DECEMBER

Pray that Christian doctors, nurses and midwives might be able to balance their commitment to local church with using their God-given opportunities to serve through their careers. May they be committed to ministry and mission through healthcare.

## THURSDAY 31 DECEMBER

Pray for healthcare workers with pastoral needs who find it hard to find support in local church settings for the challenges they face at work. Pray for understanding in churches, and for growth of the CMF Pastoral Care and Wellbeing Support Network to fill those gaps.

## FRIDAY 1 JANUARY

As we enter a new and uncertain year, pray that churches will be beacons of light and hope to those around us, holding out the Gospel of peace when fear and anxiety are all around.

## SATURDAY 2 JANUARY

Pray for church leaders to be wise in how they guide their congregations through the maze of data and opinions that is washing around churches in responses to COVID. May they help their congregations find the right balance between conflicting scientific opinions, between risk and faith, and between respect for authority and allegiance to God. Pray that CMF and our members might play a constructive role in this.



3-9 JANUARY 2021

## RETIREES

### MEDICAL / NURSING / MIDWIFERY SCHOOL OF THE WEEK

Hull & York Medical School (HYMS)

#### WEDNESDAY 6 JANUARY

Pray particularly for the work of PRIME (Partnerships in Medical Education) as they seek bring Christ centred values into the teaching of medicine and nursing around the world. Pray for the many retired CMF members supporting this work; may they be encouraged and enabled to serve the Lord through this ministry.

#### THURSDAY 7 JANUARY

Pray for retired members involved in pastoral care and mentoring. May they be greatly encouraged as they learn new skills and see God working through them. Pray for many more people to get involved in serving Christ and his body in this ministry.

#### FRIDAY 8 JANUARY

Pray for retired members coping with the effects of age and life change. Pray for those who have ill health or new limitations; for those who have been bereaved or who are carers; for those struggling to adapt to changes in role after a lifetime in a busy career. Pray that the grace of God and the love of Christ would enable them to walk with faith and peace.

#### SATURDAY 9 JANUARY

Pray for retired members involved with CMF ministries. For those seeking to speak out or write on ethical issues. For those who take on roles in Catalyst Teams and local groups. Pray also that retired nurses and midwives would join and support the work of the Nursing and Midwifery Department at CMF.

#### SUNDAY 3 JANUARY

Retirees make up a significant proportion of CMF membership. Thank God for their years of faithful service and support. Pray that they may be encouraged to continue in faith and prayer and supporting other health care workers; for health and peace of mind as they adapt to changing roles; may they remain fruitful for Christ.

#### MONDAY 4 JANUARY

Pray for retirees seeking the Lord's will for their lives. May they be envisioned to use their skills and experience in ways that glorify God and serve his Kingdom. Pray that God would give them courage to make decisions and to embrace change in order to serve him better.


#### TUESDAY 5 JANUARY

Pray for CMF ministry to retirees, particularly for wisdom planning conferences for retirees; for the development of new ministries to encourage and support members in life and ministry after their clinical careers; and for vision and creativity and a real understanding of the will of God to develop these ministries.

### REGION OF THE MONTH (January)

North East





10-16 JANUARY 2021

## COMMUNICATIONS

### SUNDAY 10 JANUARY

Give thanks to God for all who write, speak, teach and mentor in CMF and for the articles, blogs, video and audio talks, podcasts and other resources that they have produced to strengthen and grow Christians in medicine and nursing.

### MONDAY 11 JANUARY

Developing good training resources for all our members is a key priority for CMF. Whether it be in evangelism, ethics, writing, speaking or leadership; pray that we can develop resources that train and equip our members to live and speak for Jesus Christ.

### TUESDAY 12 JANUARY

The Medical Study Group meets tonight to look at ethical, professional and technological issues at the forefront of medicine and nursing. The group explores how we can develop an informed and biblical Christian response in our writing, podcasting, teaching and training. Pray for wisdom for all involved and in particular for David Randall, the new Chair.

REGION OF THE  
MONTH (January)

North East

### MEDICAL / NURSING / MIDWIFERY SCHOOL OF THE WEEK

Imperial (London)

### WEDNESDAY 13 JANUARY

Writing for the CMF blog requires time, an insight into the issues and a good grasp of biblical wisdom and understanding. Finding those who can and have the time to write in a timely and engaging manner is a considerable challenge. Pray that God would lead us to more writers who can bring a godly perspective to the medical issues of the day.

### THURSDAY 14 JANUARY


At 6 pm tonight, the *Triple Helix* Committee will meet to plan the next edition by reviewing articles sent in and commissioning new content. Please pray for wisdom and discernment for the Chair and *Triple Helix* Editor, David Smithard, and for the six members of CMF who make up the committee.

### FRIDAY 15 JANUARY

CMF's website is a vital part of our communication with members and the wider world. We are at the start of a major redesign and overhaul of the current site. Pray for wisdom and resources for the team to take this forward.

### SATURDAY 16 JANUARY

Praise God for the international networks we have through ICMDA and NCFI, and in particular for the opportunities to have CMF resources translated into Chinese, Russian, Spanish and many other languages. Pray that more opportunities would open for us to share our resources more widely with Christians for whom English is not their first language.



17-23 JANUARY

## SYD & STUDENT CONFERENCE

### SUNDAY 17 JANUARY

Unfortunately, COVID restrictions are such that we made the difficult decision not to proceed with the Sydenham Course (SYD 1) this week or the national Student Conference at the weekend. Please pray for SYD applicants and students who will miss out this year, and for the Students Team as they explore other ways to minister to and engage with Christian students nationally and globally.

### MONDAY 18 JANUARY

The International Christian Medical and Dental Association (ICMDA) have developed their own online Sydenham (SYD) programme in cooperation with CMF. Pray for this collaboration to enable many healthcare professionals to benefit in their own nations from the training in Christian leadership.

### TUESDAY 19 JANUARY

Pray for past SYD delegates, that the training they received and the friendships that they forged will stand them in good stead in their careers. Many have to contend with poorly equipped hospitals as well as systemic corruption. Pray that they will be salt and light in their communities.

REGION OF THE  
MONTH (January)  
North East

MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK

Keele

### WEDNESDAY 20 JANUARY

Thousands of medical students and increasing numbers of nursing and midwifery students have benefited from attending our annual student conference. Pray that the seeds that were sown in both Bible talks and seminars will bear good fruit.

### THURSDAY 21 JANUARY


Pray for medical, nursing and midwifery students who have had their learning experience disrupted by COVID, and for students who graduated this year and were thrown into the deep end of this unprecedented health crisis. Pray that they will not be discouraged.

### FRIDAY 22 JANUARY

The Student Team will be developing alternatives to the student conference this year to ensure that we don't lose our connection to student members. Pray for wisdom as they make decisions in uncertain times, and for guidance from the One who knows what the future holds.

### SATURDAY 23 JANUARY

Pray for the Student Team as they plan future student conferences. Pray also for the students who will attend; that they profit from the experience of meeting others from around the country with the same call on their lives.



24-30 JANUARY

## CMF STAFF

**MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK**

Kings College

### SUNDAY 24 JANUARY

Please also pray for all our volunteers who contribute so much to helping CMF to fulfil its mission. Many of them are retired and give their time tirelessly and go the extra mile to ensure that CMF benefits from their invaluable contributions. We could not manage to do as much as we do without them.

### MONDAY 25 JANUARY

Volunteers: that they will be comfortable working within the CMF team and manage the priorities of their medical work/studies with the work of CMF.

### TUESDAY 26 JANUARY

Student department - that all the planning for the replacement of the student conference will go smoothly and that Rachel OA and Marolin would have God's peace in all that arranging this conference entails.

**REGION OF THE  
MONTH (January)**

North East

### WEDNESDAY 27 JANUARY

As we start to implement the new organisational strategy, that God will give us wisdom and insight for all the plans and work around it. May we be energised to continue to make Christ known in all areas of our activities.

### THURSDAY 28 JANUARY


Pray that we will be guided by the Holy Spirit in all our work and that we will see real impact in the lives of our members as we equip them to live and speak for Christ.

### FRIDAY 29 JANUARY

As we begin to draw down on our budget for 2021, pray that we will be wise custodians of our resources and that our impact will be multiplied as we take good decisions around our spending.

### SATURDAY 30 JANUARY

Thank God for His continued blessing on the work of CMF and those who give financially to what we do.



31 JANUARY - 6 FEBRUARY

## MEDICAL RESEARCH

### SUNDAY 31 JANUARY

Pray for all those Christians engaged in medical research, writing and publishing. May they reveal the truth of the Creator behind the mysteries of the human body and mind that they are uncovering and be witnesses to the Gospel in their places of work.

### MONDAY 1 FEBRUARY

**Sexual Abuse and Violence Awareness Week.** COVID-19 has had a negative impact on those in abusive relationships, with lockdowns forcing abused and abuser together with little room for escape. Pray for those in this situation and those who seek to support them.

### TUESDAY 2 FEBRUARY

COVID-19 has presented the world with some of the greatest clinical challenges in a generation, from the search for a vaccine to re-purposing existing drugs as possible new treatments. Pray for all working in this vital area of work; that God would grant them success and that they would maintain ethical and scientific integrity in the face of pressure to give quick answers.

REGION OF THE  
MONTH (February)

North-West

MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK

Lancaster

### WEDNESDAY 3 FEBRUARY

Pray that more resources and research focus would be given to neglected tropical diseases and the diseases of the poor and marginalised throughout the world.

### THURSDAY 4 FEBRUARY

Pray for wisdom for all those working in cutting edge areas such as genetics, fetal surgery, robotics and artificial intelligence. May due weight be given to the unintended consequences of such technologies, as well as to their benefits, and that a wise balance would be struck between innovations and ethics.

### FRIDAY 5 FEBRUARY

Pray for academic departments in teaching hospitals: for scientific and ethical integrity in the face of all the inducements to compromise that are placed upon academics and institutions by commercial, governmental and other bodies.

### SATURDAY 6 FEBRUARY

Today we hold both the *Psychiatrists* and the *Who is my neighbour NOW?* day conferences online. Pray for all who are involved in both events, for all our members who work in mental health and global mission, and for God to speak powerfully and clearly to all who attend either event.



7-13 FEBRUARY

## CMF GLOBAL

MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK

The University of Central Lancashire (UCLan)

### SUNDAY 7 FEBRUARY

Pray for those engaged in ministry among displaced peoples; may those they minister to know the love and care of Christ. Pray for the work of Medair in Lebanon with Syrian and Iraqi refugees; for Health Outreach Middle East in Northern Iraq with internally displaced people; for work amongst Sudanese refugees in northern Uganda. Pray for all our members engaged in this ministry here or overseas.

### MONDAY 8 FEBRUARY

Pray for members who serve in global health and mission, many of whom face uncertainty due to travel and visa restrictions as a result of COVID. May God's grace be the stability they need in these days.

### TUESDAY 9 FEBRUARY

Pray for the CMF Global Committee meeting next week. Thank God for volunteers (Huw, Jonathan, Howard, Ted, Andrew, Ibrat, Daniel, Maggie, Mary, Kevin, Mark, and Aaron) who give time out of their own busy schedules to advise on the development of our Global work. May God grant them wisdom in their deliberations in the face of changing global health and mission priorities.

REGION OF THE  
MONTH (February)  
North-West

### WEDNESDAY 10 FEBRUARY

Thank God for our Catalyst Global members who seek to promote global health and mission interest within their UK regions through events such as 'Who is my neighbour now?' May God grant them inspiration as we reach out in line with God's heart of mission, both to internationals living in the UK and as people go outside of the UK to serve God worldwide.

### THURSDAY 11 FEBRUARY

**International Day of Women and Girls in Science.** Let us pray for young women studying nursing and medicine, particularly in countries where it is hard to gain access to education. Thank God for the freedom we have in the UK. Take time to pray for a woman consultant, or female leader you know and find ways to encourage them.

### FRIDAY 12 FEBRUARY

Pray for members who sense that God is calling them to leave their work and lives in the UK to venture out. May God guide them, whether they are young and newly qualified or retiring, especially with current the delays and uncertainty in processes of going, but aware of the massive need for universal health coverage, and for sharing the love of Christ.

### SATURDAY 13 FEBRUARY

Please pray for the 19 student and newly qualified nurses and doctors who have committed themselves to our 18-month Global Track. Pray for our study days, their learning, the relationships with their mentors, and that God would guide them as we explore together just how God might be leading them in coming months and years.



**MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK**

Leeds

**WEDNESDAY 17 FEBRUARY**

Pray for health service commissioners and managers to have wisdom in the design and delivery of services that are appropriately resourced and adequately responsive to those with disabilities. Pray for Christian healthcare managers who seek to serve the Lord under immense challenge – may they find support and fellowship in what can be lonely roles.

**THURSDAY 18 FEBRUARY**

Many disabled people can be made to feel devalued by attitudes to abortion and assisted suicide that prize ability and autonomy over their inherent value and human dignity. Praise God for those who are speaking out to change such views, such as Heidi Crowter, who has Down Syndrome and who speaks out against discriminatory abortion on grounds of disability.

**FRIDAY 19 FEBRUARY**

Pray for our members working in resource-poor countries, where disability can cause immense suffering. Club foot, cataract and obstetric fistula are just three examples of the many disabling conditions that can be transformed by the right care. Often this is provided by Christians who can combine compassionate care with pointing to the God of all healing.

**SATURDAY 20 FEBRUARY**

Pray for Christian health professionals whose careers are cut short through illness or injury, that they would find their value in God's view of them, not in their physical abilities and find new purpose and opportunities for service in their changed circumstances.

14-20 FEBRUARY

**DISABILITIES**

**SUNDAY 14 FEBRUARY**

Pray for those with disabilities to find love and fellowship in supportive local church settings. COVID restrictions and online church may have made this easier for some, and harder for others. May churches be alert to meeting the needs of disabled members.

**MONDAY 15 FEBRUARY**

Pray that churches would be places where those with disabilities are both shown value and made to feel valued. May we cultivate an understanding of human dignity and being made in God's image that is not dependent on our physical or mental abilities. Pray for the right mental health support for those for whom limitations can easily lead to depression and feelings of worthlessness.

**TUESDAY 16 FEBRUARY**

Pray for health systems in many nations which have struggled to maintain regular services for disabled patients during COVID restrictions. Help them to be creative, and determined to meet the needs of the most vulnerable, without allowing the urgency of COVID to prevent this.

**REGION OF THE  
MONTH (February)**

North-West



21-27 FEBRUARY

# EVANGELISM

MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK  
Leicester

**SUNDAY 21 FEBRUARY**  
Our *Evangelism and Apologetics Track* has been a real success. Praise God for the twelve participants who have been part of this. Please pray for opportunities for them to use their training in day-to-day life, and that we would be able to recruit more members for a future track.

**MONDAY 22 FEBRUARY**  
Issues such as Social Justice, Neo-Marxism and Critical Theory are seemingly 'new' on the scene. Please pray for wisdom as we both respond and train members to speak with God's truth and grace into our culture as applied to healthcare.

**TUESDAY 23 FEBRUARY**  
Richard Scott continues as our evangelism Associate leading his course *Outreach in Outpatients* as well as the *Evangelism and Apologetics Track*. Pray for strength and courage for Richard in this role and his day-to-day work.

**WEDNESDAY 24 FEBRUARY**  
This is university mission week season, and with COVID disruption, many CMF groups and CUs will be engaging students online. Please pray for creativity, boldness and courage to proclaim the Gospel in these strange times.

**THURSDAY 25 FEBRUARY**  
Pray for CMF members up and down the country today; for boldness and courage to share the good news of the Gospel to both staff and patients. Pray that God would be glorified through doctors, midwives and nurses living and speaking for Jesus today.

**FRIDAY 26 FEBRUARY**  
We have run Saline Solution online these past few months. Please pray for the Saline team as we seek to engage members with this excellent resource.

**SATURDAY 27 FEBRUARY**  
CMF is growing the Evangelism Catalyst role in Catalyst Teams across the country. Pray that we might be able to equip these CMF members to be those who catalyse evangelism across their regions.

REGION OF THE  
MONTH (February)  
North-West



28 FEBRUARY – 6 MARCH

RECENTLY QUALIFIED  
**DOCTORS, NURSES  
& MIDWIVES**

**SUNDAY 28 FEBRUARY**

Qualifying and starting work can mean moving home and going to a new area. Pray for all those Christians in this situation; that they would find new fellowship in supportive churches, and networks of Christian colleagues in their new situations.

**MONDAY 1 MARCH**

Pray for CMF's Welcome Scheme, which seeks to link up established members with junior graduates who are moving into a new area. Pray for more Welcomers to join the team and for each of them to provide a friendly, supportive presence to new colleagues.

**TUESDAY 2 MARCH**

Starting work brings new ethical challenges, as each recent graduate seeks to apply ethical principles that they learned as a student to the real world of day-to-day practice. This can be an unsettling time as they face new pressure to conform or a new realisation of complexity in some issues. Pray that they would seek to apply their minds, remain faithful and articulate their positions wisely whilst learning constantly.

**REGION OF THE  
MONTH (March)**  
Scotland

**MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK**  
Limerick

**WEDNESDAY 3 MARCH**

Thank God for the Saline Solution course and the international network run by IHS Global that trains and supports those delivering the material in many countries. Pray for them as they find new trainers, build partnerships with organisations such as CMF, ICMDA and NCFI, and continue to evolve the material into the new online world that COVID has brought us.

**THURSDAY 4 MARCH**

Pray for new graduates to 'nail their colours to the mast' as Christians, not being ashamed of who they are and who they serve. Help them as they learn to be witnesses for Jesus in new situations, to communicate wisely and sensitively but with courage. May they understand the boundaries of professional guidance from the GMC and NMC but not live in fear of their regulators.

**FRIDAY 5 MARCH**

Pray for CMF's local networks of members, including Catalyst Teams and local groups. May they reach out to new graduates and those moving area, helping them quickly to establish themselves. May they be a positive, praying presence in the workplaces the Lord has called them to.

**SATURDAY 6 MARCH**

Pray for CMF staff and volunteers who work to support junior graduates. For those in the Doctors team, and the Nurses & Midwives team, for the Junior Doctors Committee and Nurses & Midwives Advisory Committee. May we continually strive to improve our support and resources for those members who are finding their feet professionally.



## MEDICAL / NURSING / MIDWIFERY SCHOOL OF THE WEEK

Liverpool

7-13 MARCH

# WOMEN'S HEALTH

## SUNDAY 7 MARCH

In the UK, breast cancer is the most common form of cancer in women, with one in seven women developing it in their lifetime. In addition, 21,000 women are diagnosed with a gynaecological cancer in the UK each year. Take a moment to pray for women coming to terms with these diagnoses and undergoing treatment. Father, please draw near to comfort and heal them.

## MONDAY 8 MARCH

On **International Women's Day**, thank God for the intricacy and beauty of his design for women, and ask him to show you a reflection of his image in each and every woman he brings across your path today!

## TUESDAY 9 MARCH

One of the most amazing things about women is the ability to carry and bring forth new life! Pray for those working in maternity services to provide outstanding, compassionate care to pregnant women from beginning to end of their pregnancy. And pray for those experiencing the deep sorrow of pregnancy loss – that God would work in the heartache to reveal himself.

REGION OF THE  
MONTH (March)

Scotland

## WEDNESDAY 10 MARCH

Many women live with the devastation of their own or their partner's infertility. This can often cause a sense of shame and inadequacy. Pray for supernatural conceptions for women as we see in the Bible, for the mental wellbeing of those struggling with infertility, and for marriages to survive - and even thrive – amidst the pressure it can cause.

## THURSDAY 11 MARCH


Pray today for women whose lives have become a daily struggle due to the symptoms of the menopause. God of compassion – strengthen, encourage and minister to them today.

## FRIDAY 12 MARCH

Domestic abuse affects one in four women in their lifetime, and on average each week two women are murdered by their abusers. Pray for organisations working hard to provide a place of refuge and safety for women, and for women trapped in abusive situations to find the courage to reach out for help.

## SATURDAY 13 MARCH

Many women feel the responsibility of being a 'homemaker' alongside their professional commitments. This 'Superwoman' complex can be exhausting and contributes to anxiety, depression and burnout. Pray for the women most precious to you and lift their mental health to the Lord. Pray for God's perfect peace to bring freedom from unrealistic expectations and to replace feelings of insufficiency.



14-20 MARCH

## ADVOCACY

MEDICAL / NURSING / MIDWIFERY  
SCHOOL OF THE WEEK

Manchester

### SUNDAY 14 MARCH

Pray for Jennie Pollock, the Associate Head of Public Policy at CMF, as she develops with our CEO, Mark Pickering CMF's strategy for engaging with the issues at the cutting edge of healthcare's interface with the Christian faith.

### MONDAY 15 MARCH

Pray for CMF members serving in the ethics committees and other subcommittees of the BMA, Royal Colleges and other professional bodies; that they might be salt and light in these institutions.

### TUESDAY 16 MARCH

Pray for CMF members working in paediatric medicine and General Practice who face the growing challenge of caring and prescribing for transgender children and adolescents. For wisdom, compassion, integrity and courage as they seek to do the best for these young people in an increasingly controversial area of medicine.

REGION OF THE  
MONTH (March)  
Scotland

### WEDNESDAY 17 MARCH

Pray for those CMF members who have, or are still facing discrimination, disciplinarys and other hostility in the workplace, for speaking out or taking a stand on issues of faith and ethics. May they know encouragement and peace and be granted gracious words and wise responses to those who accuse them.

### THURSDAY 18 MARCH

Pray for all health professionals who find themselves having to whistle-blow on bad practice and poor leadership in their workplaces. Pray especially for those who must choose between keeping their job (and even their career) or standing up for the truth and what is right.

### FRIDAY 19 MARCH

The CMF Blog is a critical way in which we explore ideas and issues at the interface of Christianity, healthcare and bioethics in a public forum. Pray that God would raise up writers, thinkers and contributors to widen and deepen the scope of our blogs.

### SATURDAY 20 MARCH

Pray that God would raise up Christians in our nation, to speak the truth of the Gospel in all spheres of life, especially in the medical, midwifery and nursing worlds.



## MEDICAL / NURSING / MIDWIFERY SCHOOL OF THE WEEK

Newcastle

21-27 MARCH

### STUDENTS

#### SUNDAY 21 MARCH

Pray for Christian healthcare students as they navigate this altered landscape, especially those starting their training. Pray that our students will be bold, sensitive and wise as they try to meet the needs of fellow students. Pray that they themselves will be kept safe and secure in the knowledge of God's love and protection so that they can offer a consistent witness to those around them.

#### MONDAY 22 MARCH

Pray for the 22 members of the National Student Council (NSC) and for Mike Roberts from Belfast who is taking over from Sophie Latta (Bristol) as Chair.

#### TUESDAY 23 MARCH

CMF aims to have two student representatives (or 'links') at every medical, nursing and midwifery school in the UK and Ireland. Pray for each one as they lead their local CMF groups and organise activities and meetings to build up and support students. Pray for their support and training during COVID restrictions.

#### REGION OF THE MONTH (March)

Scotland

#### WEDNESDAY 24 MARCH

Several new medical schools have opened recently, including (among others) Kent, Aston and Lincoln. Pray for Christian students at these new schools to discover CMF and get involved as links and committee members. May they be salt and light in their student communities. Pray also for graduate doctors, nurses and midwives nearby who can act as links to foster relationships with students.

#### THURSDAY 25 MARCH

Pray for the Student Team: Rachel Owusu-Ankomah (Head of Student Ministries), Laurence Crutchlow and Ashley Stewart (Associate Heads), and Marolin Watson (Coordinator) as they develop CMF's work with students, especially as the pandemic continues to create uncertainty around planning for the future.

#### FRIDAY 26 MARCH

*Nucleus* is the magazine for CMF student members, published three times a year. Pray for inspiration for Laurence Crutchlow as Managing Editor and this year's Student Editor, Rachel Middleton, as they commission and edit articles. Pray that *Nucleus'* content would meet the needs of students and inspire and equip them to live and speak for Jesus.

#### SATURDAY 27 MARCH

Please pray for final year students as they face the huge challenge of completing their training in a time of pandemic. Pray that graduating students will not sever their links with CMF but will continue their membership so that they can both benefit from, and contribute to, the work of the Fellowship.



28 MARCH-3 APRIL

## CMF GROUPS

### MEDICAL / NURSING / MIDWIFERY SCHOOL OF THE WEEK

Nottingham

#### WEDNESDAY 31 MARCH

Many junior doctors are meeting for support and encouragement. Pray for initiatives which include mentoring and 'buddying' schemes which seek to link local junior and student groups as well as juniors to more senior colleagues.

#### THURSDAY 1 APRIL

Catalyst Teams are a way to link and resource local groups both in an area but also across the country. Please pray for our Local Groups Catalysts as they seek to equip and resource local groups in their area.

#### FRIDAY 2 APRIL

Give thanks for wonderfully encouraging Catalyst Team meetings in South East Scotland! They ask, 'please pray for us as we seek to glorify God and follow his call to make disciples in the local healthcare context, in particular for our vision of prayer groups in all local hospitals. Please pray for patience, perseverance and joy, and for others to be inspired to play a part'.

#### SATURDAY 3 APRIL

In the coming weeks, we plan a Catalyst Leaders Training Conference, although there is uncertainty about exactly how this will go ahead with ever-changing COVID restrictions. Pray for wisdom as we plan this meeting, and that our Catalyst teams up and down the UK would be further equipped to serve Christ as they serve his body in the health service.

#### SUNDAY 28 MARCH

Praise God for several small groups, geographically-based, which exist in the West Midlands region. Some have recently formed since the coming of COVID, while some long-standing groups have continued on Zoom. Many are grateful for supportive contact and prayer. Please pray that we can reach many more in this region.

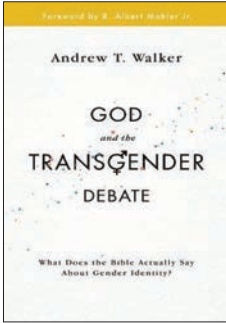
#### MONDAY 29 MARCH

Please pray that we would see the formation of workplace groups which seek to bless whole workplaces. Pray that we would see Christians healthcare professionals unite to be salt and light as well as to be a blessing at the highest level of organisational life.

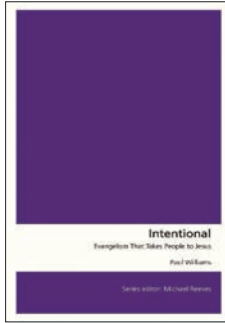
#### TUESDAY 30 MARCH

Merseyside CMF is thankful for the growth they have seen in the last two years. They ask that we praise God with them that he has been at work in growing them into a community. Please pray for them to have the strength to be salt and light in the weary and demoralised workforce around them.

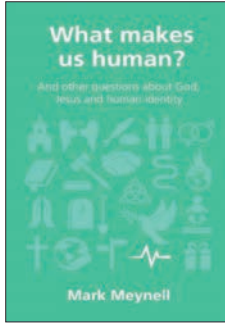
REGION OF THE  
MONTH (March)  
Scotland



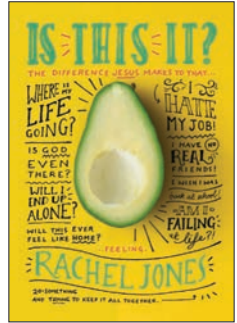
God and the transgender debate  
£8



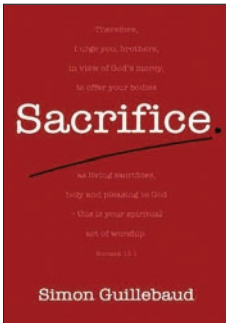
Intentional  
£3



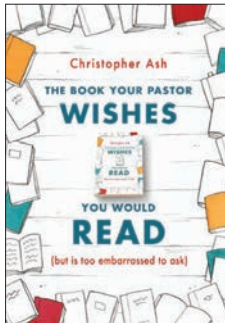
What makes us human  
£3



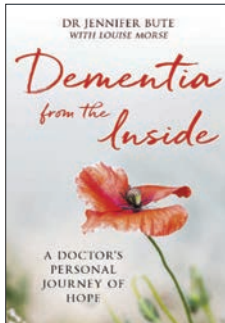
Is this it?  
£7



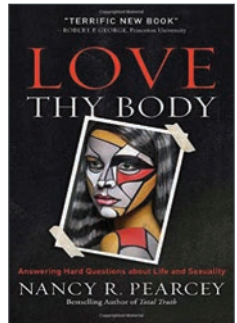
Sacrifice  
£3



The book your pastor wishes you would read  
£6



Dementia from the inside  
£9



Love thy body  
£12

Available from the CMF website: [cmf.org.uk/bookstore](http://cmf.org.uk/bookstore)

# Upcoming Events

at CMF

## January 2021

7, 14, 21, 28 **Saline Solution: Online**

Training to help you bring Christ and his good news into your working environment. Thursdays from 8 to 10 pm. For more details and to book: [cmf.org.uk/events](http://cmf.org.uk/events)

## February

6 **Who is my neighbour NOW? Online**

Exploring your calling to global healthcare mission in the age of COVID-19. For details and to register an interest, email [globalcoordinator@cmf.org.uk](mailto:globalcoordinator@cmf.org.uk)

6 **Psychiatrists Day Conference Online**

See [cmf.org.uk/events](http://cmf.org.uk/events) for details

## April

23-25 **CMF National Conference 2021**  
Yarnfield Parks, Staffs

Information will be being posted over the coming weeks and month at [cmf.org.uk/nationalconference](http://cmf.org.uk/nationalconference)

**News, events,  
resources and more  
can be found on the  
CMF website -  
[www.cmf.org.uk](http://www.cmf.org.uk)**

# 5 Ways to Access

the CMF Prayer Diary



@CMF\_UK



facebook.com/groups/cmfi.watchers



cmfstudents



praynow4.org/christianmedicalfellowship



prayer@cmf.org.uk

national conference  
23-25 April 2021

Yarnfield Park,  
Stone, Staffordshire

WEEKEND

# GOSPEL 24-7

WHOLE-LIFE GOSPEL,  
WHOLE-LIFE PRACTICE

[cmf.org.uk/nationalconference](http://cmf.org.uk/nationalconference)

